



# Sailing Instructions

2011 Friday Night Grillers Series

Ballena Bay Yacht Club

Every Other Friday April 8 – Sep 9



## 1. RULES

The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.

## 2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the BBYC web site at [www.bbyc.org/race](http://www.bbyc.org/race)

## 3. CHANGES TO SAILING INSTRUCTIONS

Oral changes the sailing instructions will be broadcast by the race committee on VHF channel 72 within 15 minutes of the warning signal.

## 4. SIGNALS MADE ASHORE

4.1. Signals made ashore will be displayed from the flagpole located at the shoreline of the Ballena Isle parking lot (adjacent to the traffic roundabout).

4.2. If a postponement is signaled ashore, the warning signal will be made not less than 20 minutes after flag AP is lowered. This changes Race Signals AP.

## 5. SCHEDULE

5.1. Dates of racing:

Race #1	4/8	Race #5	6/3	Race #9	7/29
Race #2	4/22	Race #6	6/17	Race #10	8/12
Race #3	5/6	Race #7	7/1	Race #11	8/26
Race #4	5/20	Race #8	7/15	Race #12	9/9

5.2. Number of races: Twelve races are scheduled; one race per day

5.3. The scheduled time of the 5-min warning signals are

1830 for cruising class (PHRF > 134)

1840 for racing class (PHRF < 135)

## 6. RACING AREA

The racing area will be in the southern San Francisco Bay, between the Ballena Isle Marina entrance and the Alameda Naval Complex as shown in Illustration B.

## 7. COURSES

7.1. The table below correlates with Illustration B and shows the courses, including the order in which marks are to be passed, the side on which each mark is to be left, and the approximate course lengths.

Course#	Start	Mark 1	Mark 2	Mark 3	Finish	Dist
1	G(P)	36(P)	32(P)	--	G(S)	5.9 nm
2	G(P)	36(P)	32(P)	36(S)	G(S)	7.7 nm
3	G(P)	32(S)	36(S)	--	G(S)	5.9 nm
4	G(P)	32(S)	36(S)	32(P)	G(S)	7.3 nm
5	G(P)	36(P)	--	--	G(S)	4.4 nm
6	G(P)	32(P)	--	--	G(S)	4.0 nm

7.2. No later than the warning signal, the race committee shall hail the courses (racing and cruising) to be sailed on VHF Channel 72.



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## 8. MARKS

8.1. All are government navigational marks except for mark 'G', which will be an orange inflatable round or tetrahedron buoy anchored just beyond the entrance to Ballena Isle Marina, and the orange flag ashore.

8.2. The table below shows the description and *approximate* position of each mark.

Mark	description	detail	LAT	LON
	<a href="#">Flag</a>	Orange flag flown ashore adjacent to Ballena Isle parking circle	37.76.493N	122.28.726W
G	<a href="#">Pin</a>	Orange inflatable round or tetrahedron	37.45.825N	122.17.334W
32	Channel marker 'A'	Flash yellow 4sec ~2.5 nm east of Army St terminal	37.44.766N	122.19.413W
36	Channel marker '4'	Day mark flash red 4sec Alameda NAS entrance channel	37.46.410N	122.19.808W

## 9. CONDUCT OF RACE – RADIO COMMUNICATION

The race committee function will usually be performed by a participating competitor on the water solely dependent upon radio communication with all competitors. Thus, the **race committee will broadcast on VHF 72** or use sound signals only (no signal flags) to conduct the race. This changes RRS 23.7, 26, 27.3, 29.1, 29.2, 32.1, 32.2, 33.

## 10. START

10.1. Races will be started as follows: the **race committee will broadcast on VHF 72** or use sound signals only (no signal flags), with the warning signal made 5 minutes before the starting signal.

10.2. The starting line will be between mark G and the orange flag flown from the shoreline adjacent to the south parking lot of Ballena Isle Marina.

10.3. If any part of a boat's hull, crew or equipment is on the course side of the starting line during the two minutes before her starting signal and she is identified, the race committee will attempt to broadcast her sail number on **VHF channel 72**. Failure to make a broadcast or to time it accurately will not be grounds for a request for redress. This changes RRS 62.1(a).

## 11. FINISH

11.1. The finishing line will be the same as the starting line.

11.2. Races will be finished as follows: all competitors shall observe and record their own finish across the line according to GPS time.

## 12. TIME LIMITS

12.1. The time limit for each race will be 3.5 hours (210 minutes).

12.2. If no boat has passed Mark 1 within 1.5 hours (90 minutes) after the start, the race will be abandoned.



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## 13. PROTESTS

Protests shall be delivered to BBYC within 45 minutes after the race committee boat docks. The protest time limit and a list of protests received will be posted on the notice board. Hearings will be held as soon as possible after racing each day in the banquet room of BBYC.

## 14. SCORING

- 14.1. The Appendix A Low Point Scoring system will be used.
- 14.2. A credit of 18 sec/nm will be given to boats rated with a spinnaker but electing not to fly one during the race.
- 14.3. One race constitutes a series.
- 14.4. When fewer than 10 races have been completed, a boat's series score will be the total of her race scores.
- 14.5. Two throw-outs. If at least 10 races are completed, each boat's two worst scores will be excluded from her series score – e.g. best 10 out of 12.

## 15. SAFETY REGULATIONS

- 15.1. Check-In: Competitors shall check in by coming within hail of the race committee boat and identifying boat name and sail number, or by hailing on **VHF 72** with same. Await acknowledgement to be sure your entry has been logged.
- 15.2. Check-Out: Competitors shall check out by contacting race committee on **VHF 72** or in person at the Ballena Bay Yacht Club immediately upon return to the marina, but no later than 2100 on the day of race. Finishing competitors must also notify race committee of their finish time and whether or not a spinnaker was used.
- 15.3. A boat that retires from a race or remains on the race course after expiration of the time limit shall notify the race committee as soon as possible.

## 16. PRIZES

Ballena Bay Yacht Club shall award prizes (trophies, hats, or shirts) to the top 3 scoring boats for the series.

## 17. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.



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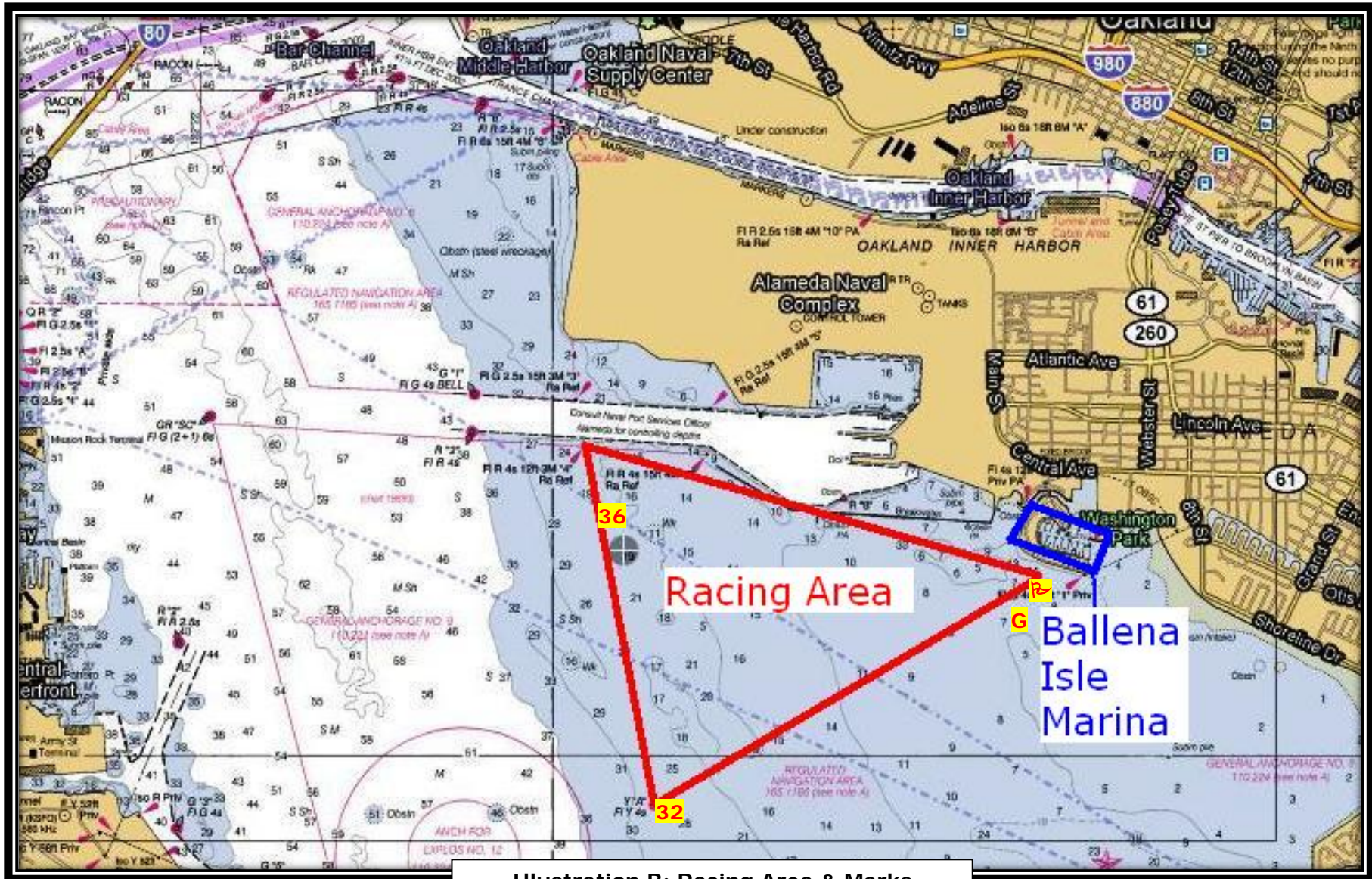


Illustration B: Racing Area & Marks